

Pathway Senior Living

Sample Menu

In addition to providing a variety of delicious and nutritious meals, Pathway Senior Living dining rooms offer residents “food for the soul” in the form of conversation and camaraderie with friends, neighbors and staff. Join us for a meal and discover for yourself how convenient and friendly the Pathway dining experience is.

BREAKFAST

Bran Flakes Cereal

or

Sausage Gravy and Biscuit

Orange, Cranberry or Apple Juice

Milk, Coffee or Tea

ALWAYS AVAILABLE:

Banana, Fresh Fruit Cup, Assorted Cold Cereals, Oatmeal, Assorted Bread or Toast



LUNCH

Baked Glazed Ham with Pineapple Ring, Broccoli and Au Gratin Potatoes

or

Baked Chicken with Green Beans and Wild Rice Blend

Milk, Coffee, Tea, or Choice of Juice

For Dessert, Apple Crisp or Sugar-free Selection

ALWAYS AVAILABLE:

Chef's Choice Salad, Turkey or Ham Sandwich, Grilled Cheese Sandwich, Hamburger or Cheeseburger



DINNER

Minestrone Soup

Egg Salad Sandwich

or

Meat Loaf, Baked Potato and Peas with Pearl Onions

For Dessert, Banana Cream Pie or Sugar-free Selection

Milk, Coffee, Tea, or Choice of Juice

ALWAYS AVAILABLE:

Chef's Choice Salad, Turkey or Ham Club Sandwich, Grilled Cheese Sandwich,
Grilled Chicken Breast

Pathway Family Favorites

SOUPS:

Tomato Florentine
Vegetable
French Onion
Beef Noodle
Cream of Chicken
Cream of Cauliflower

LUNCH ENTRÉES:

Fried Chicken and Dumplings
Crumb-topped Baked Fish
Baked Ziti and Meat Sauce
Swiss Steak
Chicken Piccata
Cheese Quiche with Garden Salad
Crispy Pork Cutlet
Veal with Onion Gravy
Lemon Pepper Fish
Seafood Platter
Turkey Club Sandwich

DINNER ENTRÉES:

Polish Sausage
BBQ Pork Sandwich
Baked Beef Brisket
Chicken Salad Sandwich
Cheese Enchilada
Crab Cakes and Clam Chowder
Hungarian Pork Steak
Beef Tips with Au Jus
Roast Pork with Rosemary Sauce
Orange Glazed Chicken
Coconut Crusted Tilapia
Stuffed Shells